

## Central South Community Stroke Environmental Scan

### Current State of Services Offered - 4/22/20

Organization/Program	Current State of Services	Contact Information
<b>Hamilton/Burlington</b>		
Wellness House	Closed. No virtual services available	Becky Cliffe-Polacco <a href="mailto:rcliffe-polacco@josephbranthospital.ca">rcliffe-polacco@josephbranthospital.ca</a>
Halton-Peel Community Aphasia Programs	Closed to in person programming. Accepting and tracking referrals. Monthly generic aphasia friendly newsletter distributed via email. Weekly virtual conversation groups for people with aphasia conducted by an SLP and CDA. RSW providing monthly caregiver support groups online.	Carly Woods <a href="mailto:carlywoods@monarchhouse.ca">carlywoods@monarchhouse.ca</a>
Joseph Brant Outpatients	SLP stroke service has begun virtual visits via OTN	Nada Janjic <a href="mailto:njanjic@josephbranthospital.ca">njanjic@josephbranthospital.ca</a>
HHS Outpatients	Closed to in person programming. Intake and referral open and processing/ triaging referrals. OP staff contacting all new referrals by phone as well as following up with active cases. Phone visits for OT, PT and SLP. Virtual programming (OTN) in process	Candace Coe <a href="mailto:coecan@HHSC.CA">coecan@HHSC.CA</a>
CONNECT Communities Hamilton	CONNECT At Home program is operational offering virtual supports to current and new appropriate referrals by Life Redesign staff. No in home visitation	Adam Van Sickle <a href="mailto:adamv@connect-communities.ca">adamv@connect-communities.ca</a>
SAM Aphasia Program	Closed to in person programming. Phone check ins and support	Vivienne Epstein <a href="mailto:vivienneepstein@saintelizabeth.com">vivienneepstein@saintelizabeth.com</a>
SAM Adult Day Services	Closed to in person programming. Providing phone check ins and supports	Trish Balardo <a href="mailto:TBalardo@gsch.ca">TBalardo@gsch.ca</a>
YMCA Fit For Function	Closed. No virtual programming but a general exercise program is available <a href="https://ythrive.ca/videos">https://ythrive.ca/videos</a>	Genevieve Hladysh <a href="mailto:genevieve.hladysh@ymcahbb.ca">genevieve.hladysh@ymcahbb.ca</a>
HIRO	Outreach and group activities cancelled. No new admissions but referrals are followed up and intake noted and placed on hold.	Candy Sarraf <a href="mailto:csarraf@hiro.ca">csarraf@hiro.ca</a>

	Staff providing weekly check in calls and offer possible recreational activities and emotional strategies (as per SW). SW providing phone sessions for identified outreach and residential clients. Residential rehab minimized ensuring physical distancing with activities. Clinical team providing videoconferencing to locations using Microsoft Teams	
Hamilton Wentworth Stroke Recovery Association	Meetings and in person activities suspended.	Norm Wilkinson or Dennis Mitchell <a href="mailto:ccenormanwilkinson@gmail.com">ccenormanwilkinson@gmail.com</a> <a href="mailto:dwmitch9@gmail.com">dwmitch9@gmail.com</a>
St. Elizabeth Healthcare	All rehab disciplines providing visits in the community, both in-person when clinically appropriate, and also virtual check ins and virtual visits within the LHIN model, across HNHB. Seeing patients in their individual residences, and also in Retirement Homes and LTC Homes, although some of these homes are limiting access for in-person visits to external providers right now.	Linda McMaster <a href="mailto:lindamcmaster@sehc.com">lindamcmaster@sehc.com</a>
VON	Caregiver education, day programs and group programming postponed. Phone caregiver support 1:1 available prn. Email blasts for generic support and references 2-3x/week No virtual services available. Meals on Wheels and In-Home Respite programs still operating.	Caregiver Support: Renate Fries <a href="mailto:Renate.Fries@von.ca">Renate.Fries@von.ca</a>  Meals on Wheels: Annette Thompson <a href="mailto:annette.thompson@von.ca">annette.thompson@von.ca</a>  Respite In-Home: Heather Rye <a href="mailto:heather.rye@von.ca">heather.rye@von.ca</a>
<b>Niagara</b>		
Hotel Dieu Shaver Outpatients	OP closed.	Chris Pollard <a href="mailto:chris.pollard@hoteldieushaver.org">chris.pollard@hoteldieushaver.org</a>
Niagara Aphasia Program	Closed to in-person visits. SLP conducting weekly wellness checks and conversation practice with each client. Will support with regular newsletters and possible virtual groups for those with tech access/support	Terri Fedorchuk  <a href="mailto:Terri.Fedorchuk@niagararegion.ca">Terri.Fedorchuk@niagararegion.ca</a>

Brant Haldimand Norfolk		
Brantford General Outpatients	OP services closed. Phone check ins by therapists in place.	Elke Hilgendag <a href="mailto:elke.hilgendag@bchsys.org">elke.hilgendag@bchsys.org</a>
ARTC	Closed. Telephone checks and message centre with call back. Virtual supports offered by staff to members	Lori Santilli <a href="mailto:artc.lsantilli@outlook.com">artc.lsantilli@outlook.com</a>
HNHB LHIN		
<p>March of Dimes Canada: HNHB After Stroke Peer Support Groups</p> <ul style="list-style-type: none"> <li>• Hamilton Young Stroke Survivors</li> <li>• Survivors of Stroke Niagara (SOS)</li> <li>• Stroke Recovery Burlington</li> <li>• Halton Stroke Fellowship</li> </ul>	<p>All in person or community programming have been suspended with virtual community conversations available via the After Stroke Program.</p> <p>Fellowship monthly newsletter distributed</p>	<p>Jocelyne Ilunga <a href="mailto:jilunga@marchofdimes.ca">jilunga@marchofdimes.ca</a></p> <p>or for more information regarding the peer groups or for questions to contact in advance the Warmline at</p> <p><a href="mailto:afterstroke@marchofdimes.ca">afterstroke@marchofdimes.ca</a></p> <p>or by phone at 1.888.540.6666</p>
<p>LHIN Home and Community Care</p> <ul style="list-style-type: none"> <li>• Brant Haldimand Norfolk – CBI Stroke Model</li> <li>• LHIN HNHB</li> </ul>	<ul style="list-style-type: none"> <li>• BHN Stroke Model (CBI):Face-face visits occurring prioritizing initial new assessments. Virtual wellness and follow up visits awaiting LHIN approval. In process of setting up Microsoft team meetings to support video chats not reliant on Skype, Zoom etc. Remaining fluid and determining need for face to face visits or virtual supports via phone consultation</li> <li>• Providing prioritized care. In home face:face visits for nursing, PSW and allied health still occurring but based on urgent, crisis placement and hospital admission avoidance determinants. Low needs patients and those with family/home supports not being seen. Limited OT availability and leveraging PT service as more</li> </ul>	<p>CBI: Aline Woolley <a href="mailto:awoolley@cbi.ca">awoolley@cbi.ca</a></p> <p>Elizabeth Davis <a href="mailto:elizabeth.davis@lhins.on.ca">elizabeth.davis@lhins.on.ca</a></p>

	available. Phone support utilized. Now virtual availability at this time	
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Organization/Program	Current State of Services	Contact Information
<b>Waterloo-Wellington</b>		
St. Joseph's Guelph Outpatients	<ul style="list-style-type: none"> <li>Continue to remain closed for in-person OP programming</li> <li>Continue to support existing clients via phone connections</li> <li>Start virtual appointments Apr.23 week</li> </ul>	Wayne Lew <a href="mailto:Wayne.Lew@sjhcg.ca">Wayne.Lew@sjhcg.ca</a>
Grand River Freeport Outpatients	Closed to in person programming. Paper based referrals (Care dove electronic system not in use) accepted and tracked. Phone check ins and supports offered by OP staff. No virtual programming	Ellen Richards <a href="mailto:ellen.richards@grhosp.on.ca">ellen.richards@grhosp.on.ca</a>
WWRAP	Closed in all locations Conducting weekly phone check ins with clients. Sending out weekly email blasts with generic activities and supports	Antonella Samson <a href="mailto:Antonella.Samson@sjhcg.ca">Antonella.Samson@sjhcg.ca</a>
March of Dimes Canada: WW After Stroke Peer Groups <ul style="list-style-type: none"> <li>Guelph Wellington Chapter</li> <li>Kitchener Waterloo Chapter</li> <li>Cambridge and District Stroke Association</li> <li>Centre Wellington Stroke Club</li> <li>Mount Forest Stroke Club</li> </ul>	All programming currently switched to virtual community conversations	Barb Moore <a href="mailto:bmoore@marchofdimes.ca">bmoore@marchofdimes.ca</a>  or for more information regarding the peer groups or for questions to contact in advance the Warmline at  <a href="mailto:afterstroke@marchofdimes.ca">afterstroke@marchofdimes.ca</a>  or by phone at 1.888.540.6666
YMCA/YWCA Guelph: Fit For Function Neuro Fit	Both programs closed for in person programming with generic ( not stroke specific) virtual resources available via <a href="https://www.thisisy.ca">https://www.thisisy.ca</a> <ul style="list-style-type: none"> <li>Currently offering Facebook Live exercise and other activity videos such as our Everyday Exercise for Seniors and Yoga Gold program. These may be appropriate for</li> </ul>	Brian Fehst <a href="mailto:Brian.Fehst@guelph.ymca.ca">Brian.Fehst@guelph.ymca.ca</a>

	<p>persons with stroke or other neuro conditions. Videos accessed via the Guelph Y Facebook page:</p> <p><a href="https://www.facebook.com/YGuelph/">https://www.facebook.com/YGuelph/</a></p>	
<p>YMCA/YWCA Kitchener-Waterloo: Neuro Fit</p>	<p>Closed. No in person programming.</p> <ul style="list-style-type: none"> <li>• Started weekly social sessions, "Well brewed Socials" with Neuro Fit groups Wednesdays, 12-1 Cambridge and 1130-1230 Kitchener</li> <li>• Investigating how to virtually support participants with their exercises at home</li> <li>• Generic virtual resource available via <a href="https://www.thisisy.ca">https://www.thisisy.ca</a></li> </ul>	<p>Crystal Hughes <a href="mailto:crystal.hughes@ckw.ymca.ca">crystal.hughes@ckw.ymca.ca</a></p>
<p>LHIN Home and Community Care</p>	<p>Are accepting referrals to the program, based on existing criteria.</p> <p>Community service providers are triaging visiting and only making in person visits where essential.</p> <p>At this point, the adjustment of service delivery mode to phone, videoconference, etc. is with the service provider.</p> <p>Establishing meetings with Community Care Coordinators and OT Leads with the service providers to better understand happenings and opportunities</p>	<p>Maria Fage Fage, Maria <a href="mailto:maria.fage@lhins.on.ca">maria.fage@lhins.on.ca</a></p>