



## Halton-Peel Community APHASIA PROGRAMS



### Aphasia Social Conversation Groups

Offering social communication groups  
for people with acquired communication  
disorders in

**Halton & Peel Regions**

## Halton-Peel Community Aphasia Programs



Weekly conversation groups for adults  
living with aphasia.

We help clients, family members, and  
friends:

- Have better conversations
- Learn about supports and programs  
in the community
- Improve quality of life living with  
aphasia

### Our Clinical Team:

- Speech-Language Pathologists
- Communicative Disorders Assistants
- Social Worker

## What is Aphasia?

Aphasia is a language disorder caused  
by a stroke, brain injury or brain illness  
to the part of the brain that controls  
communication.

Aphasia may cause difficulty with

- speaking
- understanding language
- reading
- writing

but does not affect intelligence.

## Who attends our programs?

People who:

- Have aphasia and want to improve  
their communication skills
- Are medically stable and live in the  
community
- Have no / minimal cognitive  
difficulties
- Have access to technology and  
internet

## Referrals accepted from:

- Health care professionals
- Community agencies
- Family members, caregivers, friends
- Self-referrals

Download our referral form at

[www.h-pcap.com](http://www.h-pcap.com)

Phone: (905) 875-8474

Fax: (905) 849-0424

Email: [info@h-pcap.com](mailto:info@h-pcap.com)

Supported by:



and the HNHB, MH and CW LHINs

## Aphasia Training

- Information and training in supportive conversations
- Hosted by a Speech-Language Pathologist and an Assistant
- 4-hour virtual training includes practical scenarios and videos
- Open to community members, health care professionals
- Please support our trainings by giving a small donation

## Board Members

- Attend monthly meetings
- Raise community awareness about aphasia and our programs
- Make business decisions about the aphasia programs in consultation with program director

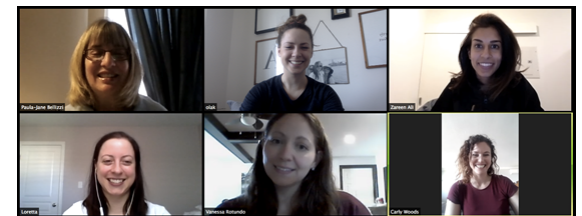
## Our Virtual Programs

All of our weekly programs are currently being offered online / virtually due to COVID-19.

Individuals must have the ability to:

- use a device (i.e., computer or tablet)
- use a virtual group platform (Zoom)

or have access to a support person to assist.



Visit our website at [www.h-pcap.com](http://www.h-pcap.com) for program dates and times, or call us at 905.875.8474