

WHAT IS APHASIA?

Aphasia is an acquired language disorder, most often caused by stroke or brain injury, that affects a person's ability to communicate. More than one third of stroke survivors are diagnosed with aphasia and an estimated 120,000 Canadians are living with aphasia. Despite the prevalence of aphasia, it is not well known or understood by the general public.

WHAT IS THE COMPREHENSIVE APHASIA PROGRAM (CAP)?

Monarch House is pleased to offer a 3-month intensive treatment program for individuals following a traumatic event such as a stroke or brain injury; the first of its kind in Ontario. CAP involves individual and small-group treatment and an interdisciplinary team of professionals including Speech-Language Pathologists, Occupational Therapists, Board Certified Behaviour Analysts, Registered Behaviour Therapists, and a Social Worker.



A SIMPLIFIED SYSTEM OF CARE

At Monarch House, we provide the tools and therapies that make a difference in the daily lives of families, all under one roof. We'll help you complete government paperwork, access available funding programs, provide support networks and create friendships you may not have even known were possible.

HOW ARE OUR SERVICES FUNDED?

Our services may be funded privately or through third-party reimbursement. Many clients will use private medical insurance to cover part or all of the costs of the intensive program.

Talk to us about how we can help.

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Monarch House offers an interdisciplinary approach that improves access, coordinates treatment and focuses on results. We meet the needs of families and individuals with behavioural, communication, learning and motor skills challenges. www.monarchhouse.ca



COMPREHENSIVE APHASIA PROGRAM (CAP)

NEW!



Return to Your Life



discover what's inside...

Part of CBI Health Group

Discover what's inside...

THE PROGRAM INCLUDES:

- ✓ Comprehensive evaluation of speech and language skills
- ✓ Speech-Language Pathologist sessions (individual, group, and consultation)
- ✓ Education for client and caregivers about aphasia
- ✓ Occupational therapy-based sessions
- ✓ Individual intensive ABA therapy
- ✓ Social work counselling and therapy for client and caregiver
- ✓ Computer-based technology therapy
- ✓ Daily catered lunch

The intensive program runs 5 hours per day, 5 days per week, for 3 months in accordance with best practices.* The program costs \$2,200 per week.



WHAT CAN I EXPECT FROM THE PROGRAM?

The primary goal of the CAP is to enhance life participation and improve functional communication, confidence, and fine motor skills.

2-5 individuals with aphasia attend the program at one time.



ELIGIBILITY REQUIREMENTS FOR CAP:

- 18 years or older
- Varied types/severities of aphasia or other communication impairment due to stroke or brain injury
- Medically stable; living in the community
- Fluent in English prior to the stroke or injury
- Desire to regain functional communication skills
- Minimal cognitive difficulties
- Client care needs (i.e., toileting, feeding, transportation) are met by the client or caregiver
- Available for 2-hour assessment prior to the program start date

* Positive outcomes have resulted from intensive programs that provide 5–10 hours per week over 8–12 weeks, as opposed to programs that provide 2–4 hours per week 20–26 weeks (Bhogal, Teassell & Speechley, 2003). There is strong evidence to show that Speech-Language Pathology treatment at a high intensity (i.e., >5 hrs/week) is effective, even for chronic aphasia (Breitenstein et al., 2017).